



Life Enhancement Acupressure Program

LEAP-Foundation Training 4 (LEAP-FT 4)

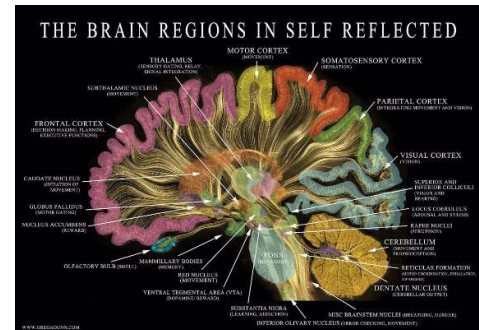
Mental & Emotional Modulatory Systems

Instructor: Dorota Aamirah Milczarek MA

Unlock the keys to the Modulatory Systems of the Brain!

The cerebellum is as much an Emotional and Mental Modulatory Structure as it is a Motor Modulatory Structure. Three Brain Systems that control our behavior and reflect the development of control systems for Survival at all **three** (3) levels of “*survival*” the:

1. **Brainstem level of Physical Survival,**
2. **Limbic level of Psycho-Emotional Survival,**
3. **Cortical level of conscious thinking, reasoning and problem-solving.**



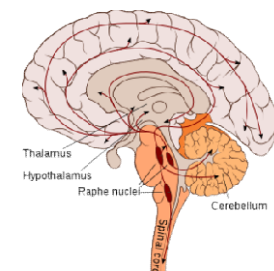
Learn how the Emotional and Mental modulatory roles of the Cerebellum plays in brain function at both the mental and psycho-emotional levels.

Dive deep into Emotional Modulatory Circuits which are driven by subconscious Limbic areas such as the Anterior Cingulate Gyrus (ACG) and how it modulates the expression of “*triggered*” survival emotions (e.g., Fear or Anger) via “*adjusting*” the expression of their survival emotions to meet social-cultural “*norms*”.

Understand the pivotal role Mental modulation of survival emotions work with the Anterior Cingulate Gyrus (ACG) and Prefrontal Cortices, including the Dorsal Lateral Frontal Cortices (DLFC) on the ability to “*think*” and “*reason*”.

In LEAP-FT 4 you will learn about and how to balance:

- The anatomy the Reticulating Activating System (RAS) and RAS nuclei and along their primary functions
- The RAS for maintaining arousal, vigilance, and waking consciousness and role in modulatory functions
- The Anatomy and Connectivity of the Cerebellum
- Emotional Modulatory Systems that modulate and regulate the expression of emotional experiences
- The Mental Modulatory Systems that modulate and regulate the expression of mental processing
..... and more!!



Building on your LEAP Foundation Training 1-3 knowledge, this module deepens and enhances the balancing of emotional & mental issues that clients present in clinical practice.!

This LEAP course is fully accredited with the Australian Kinesiology Association for either **Kinesiology and/or Anatomy and Physiology** (50%) hours.

Do not miss this opportunity to Revolutionize your LEAP Work

LEAP FOUNDATION Training 4 (LEAP-FT 4)
4 days

LEAP Instructor: Dorota Aamirah Milczarek MA

April 10/11, 17/18 2027

In Person in Montreal and on Zoom

US\$675.00 Early Bird US\$575.00 Non refundable deposit
US\$200.00 by March 29

Please Contact

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