LEAP
Transformation
through integration

Life Enhancement Acupressure Program

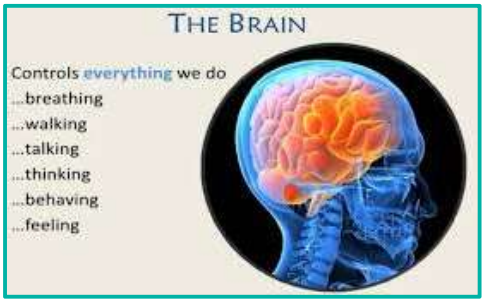
LEAP Foundation Training 1 (LEAP - FT 1)

Brain Integration & Stress

Instructor: Dorota Aamirah Milczarek MA

Take a QUANTUM LEAP in Understanding how to Correct and resolve blocks that affect life-long learning issues.

LEAP Training– is a multi-module Learning Experience that will help you change many people's lives by disclosing the real "Cause" of Specific Life and Learning Difficulties and providing a Step-by-Step approach to their Resolution.



LEAP Foundation Training 1 includes:

1. An introduction to **Brain structure and function**.
2. **Gestalt and Logic** "Lead" functions.
3. The **Amygdala** Fear/Pain Control Circuit (our **Survival Circuits**).
4. **Deep Survival Switching** – the cause of delayed language development, Psychological Reversals and Conflicts.
5. Blocked **Corpus Callosum** Pathways that can cause the loss of Brain Integration and affect our ability to **resolve challenges** rather than **react** to them.
6. **Celestial Circuit** – under stress, we sometime split off or dissociate so it can be difficult to locate imbalances. **Aligns all our energy structures** so we balance to a core, stable energy system.

This module is a must for all general Kinesiology practitioners to enhance your results in clinical practice

LEAP FT 1 provides you with an understanding of the **LEAP Model of Brain Integration**, an introduction to neurology and an overview of structure and function of the Brain. Learn first how to work with the **Amygdala,**the Sentinel of our Survival System. We then progress to uncover & resolve **Survival Switching** and **Deep Survival Switching** with Psychological Reversal and balance the **Celestial Circuit**, both totally unique LEAP procedures developed by Dr. Charles Krebs. This provides a broad-based balance of the energetic &physical brain structures and functions, integrating and balancing many areas of brain function in one balance.

This module is a must for all general Kinesiology practitioners to enhance your results in clinical practice.

Based on the hierarchy of brain function involved with the Brain Integration process and the impact that Stress has on the learning process, LEAP has been recommended by psychologists, teachers, and other health care professionals because it consistently produces improvements measurable by standard psychological tests.

LEAP provides a powerful way to set up the body biocomputer for correction using Applied Physiology formatting from the Anatomy and Physiology of the Brain course.

LEAP teaches you HOW to correct life and learning problems, WHAT you need to correct, and the ORDER the corrections need to be made. Both theoretical and clinical considerations will be covered in detail with regard to each assessment and correction procedure presented. Once the relevant imbalance is on the biocomputer, each practitioner will then correct it with the skills they have available.

Learning problems are not limited to school children – if you have problems in any area of your life that you are not able to resolve – this is a Learning problem.

LEAP is a way to open your clients to a new way of seeing and resolving stress in their lives!

Prerequisites:

Pre-LEAP Online Tutorial, Applied Physiology Hologram Series,Touch for Health 1-4, or other Kinesiology courses that will give you strong corrective techniques. LEAP teaches you how to access, format and work with Specific Learning dysfunction but requires you to utilise your repertoire of skills for correction.

LEAP FT 1 Course Duration: 4 days Times: 9:00am -6:00pm

See next page for Dates and Registration

"*I feel more integrated as a result of LEAP, less tired during lectures and overall I perform much better in my exams. Before, I panicked and could not ever comprehend the questions; I now take my time and feel more confident in my overall ability."* ***Viki S, age 37,*** Sydney, Australia

LEAP FOUNDATION Training 1 (LEAP-FT1)

4 days

LEAP Instructor: **Dorota Aamirah Milczarek MA**

September 26/27 October 3/4 2026

US$675/ *Early Bird US$575 Deposit $200 by September 1st, 2026*

Venue:

Online and In Person, Montreal

For all course enquiries, please contact course sponsor or

dorotaleapbrain@gmail.com

Suggested Preparation *BEFORE* taking LEAP

*** Complete the Pre-LEAP Online Tutorial**

www.breakthroughsinternational.org/programs/leap/pre-leap-online-training/