



Life Enhancement Acupressure Program

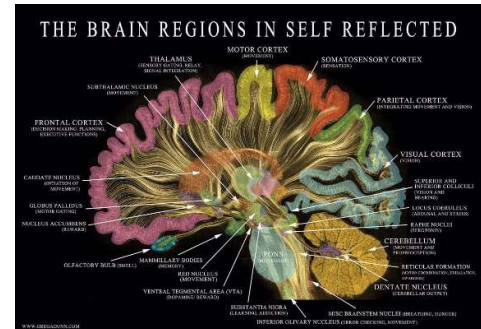
LEAP-Foundation Training 4 (LEAP-FT 4) Mental & Emotional Modulatory Systems

Instructor: Dorota Aamirah Milczarek MA

Unlock the keys to the Modulatory Systems of the Brain!

The cerebellum is as much an Emotional and Mental Modulatory Structure as it is a Motor Modulatory Structure. Three Brain Systems that control our behavior and reflect the development of control systems for Survival at all **three** (3) levels of “*survival*” the:

1. **Brainstem level of Physical Survival,**
2. **Limbic level of Psycho-Emotional Survival,**
3. **Cortical level of conscious thinking, reasoning and problem-solving.**



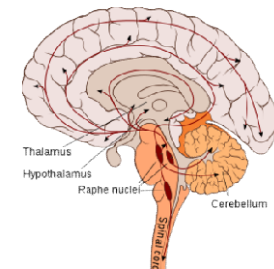
Learn how the Emotional and Mental modulatory roles of the Cerebellum plays in brain function at both the mental and psycho-emotional levels.

Dive deep into Emotional Modulatory Circuits which are driven by subconscious Limbic areas such as the Anterior Cingulate Gyrus (ACG) and how it modulates the expression of “*triggered*” survival emotions (e.g., Fear or Anger) via “*adjusting*” the expression of their survival emotions to meet social-cultural “*norms*”.

Understand the pivotal role Mental modulation of survival emotions work with the Anterior Cingulate Gyrus (ACG) and Prefrontal Cortices, including the Dorsal Lateral Frontal Cortices (DLFC) on the ability to “*think*” and “*reason*”.

In LEAP-FT 4 you will learn about and how to balance:

- The anatomy the Reticulating Activating System (RAS) and RAS nuclei and along their primary functions
- The RAS for maintaining arousal, vigilance, and waking consciousness and role in modulatory functions
- The Anatomy and Connectivity of the Cerebellum
- Emotional Modulatory Systems that modulate and regulate the expression of emotional experiences
- The Mental Modulatory Systems that modulate and regulate the expression of mental processing
- and more!!



Building on your LEAP Foundation Training 1-3 knowledge, this module deepens and enhances the balancing of emotional & mental issues that clients present in clinical practice.!

This LEAP course is fully accredited with the Australian Kinesiology Association

Do not miss this opportunity to Revolutionize your LEAP Work

LEAP FOUNDATION Training 4 (LEAP-FT 4)

3 days

LEAP Instructor: Dorota Aamirah Milczarek

December 12-14, 2025

US \$525.00 Early Bird \$425.00, before December 1st

Repeaters \$300.00

(includes Manual and Handouts)

Prerequisites: LEAP FT 1-3 or LEAP BI 1-2

NAME: _____

PHONE: _____ **MOBILE:** _____

ADDRESS: _____

_____ **POSTCODE:** _____

EMAIL ADDRESS: _____

GMAIL ADDRESS: _____

Please enclose a non-refundable deposit of US \$200 to book your place

Payment is required minimum three weeks prior to the course and is non-refundable.

For all enquiries, please contact – **Dorota Aamirah 438 830 5327**

www.leapbrain.ca

Return this form to **Dorota Aamirah** via Email: **dorotaleapbrain@gmail.com**

Please make payment to:

PayPal dorotaleapbrain@gmail.com

Suggested Prep:

BEFORE TAKING LEAP COURSES, GET (and do!) a BRAIN COLOURING BOOK.

A Colourful Introduction to the Anatomy of the Human Brain by [John P. J. Pinel](#), [Maggie E. Edwards](#)

264 pages Available from Michael Wild at Equilibrium [Click here](#)