



**LEAP**  
Transformation  
through integration

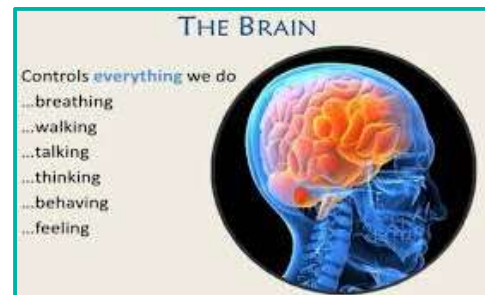
## Life Enhancement Acupressure Program

### LEAP Foundation Training 2 (LEAP - FT 2) *Survival Systems*

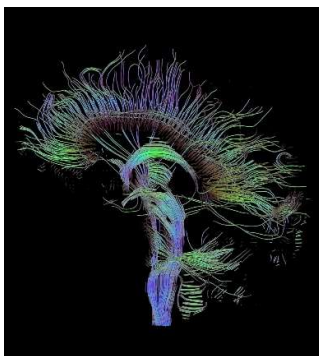
**Instructor: Dorota Milczarek MA**

**Take a QUANTUM LEAP in Understanding how to Correct and resolve blocks that affect life-long learning issues.**

**LEAP Training– is a multi-module Learning Experience that will help you change many people’s lives by disclosing the real “Cause” of Specific Life and Learning Difficulties and providing a Step-by-Step approach to their Resolution.**



### LEAP Foundation Training 2 includes:



1. Introduction to **Brainstem Anatomy** & functions of regions including the Reticulating Activating System (RAS), Orientation System - Vestibular, Vestibulocerebellum.
2. Learn to **format & balance Commissures**;  
Anterior Commissure, Amygdala Commissure,  
Anterior Thalamic Nucleus, & Hippocampal Commissure
3. Understand how to work with **Emotions-Trust & Appreciation**  
**Fear of Failure/Success** with the Commissures.
3. **the PVSS** - controlling our behavioural and physiological responses to Fight/Flight -and where we store past trauma and Deep Survival Switching.
4. **The 3 Pillars** - taking Deep Survival Switching to a new level - integrating with Chakras and the endocrine system to provide a stable physical and emotional structure.

***This module is a must for all general Kinesiology & LEAP FT 1 student & practitioners to deepen your understanding & applications in clinical practice***



**LEAP FT 2** provides you with in depth understanding of the Brains Survival Systems using the totally unique LEAP procedures developed by Dr. Charles Krebs.

*LEAP is a way to open your clients to a new way of seeing and resolving stress in their lives!*

**LEAP FT 2 Course Duration: 3 days Times: 9 am– 6 pm**

***See next page for Dates and Registration***

**LEAP FT 2 Prerequisite:** *LEAP-FT 1, LEAP BI 1*

**LEAP FOUNDATION Training 2 (LEAP-FT2)**  
**3 days**

**LEAP Instructor: Dorota Milczarek MA**

**November 27-29, 2026**

**\$525 / Early Bird \$425\***

**Venue:**

**Zoom and in Person**

***Montreal, Canada***

***\*Early Bird Price: requires \$200 non-refundable deposit paid by November 9, 2026***

***All course deposits are non-refundable.***

**For all course enquiries, please contact Dorota Aamirah Milczarek**

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